

MBC PROTECTIVE BEHAVIOURS CURRICULUM: YEAR 6

	Focus Area: The right to be safe	Relationships	Recognising and reporting abuse	Protective strategies
YEAR 6	<p>Topic 1: Warning signs</p> <p>1.1 Exploring Theme 1: 'We all have the right to be safe' (PB)</p> <p>1.2 Warning signs (PB/H)</p> <p>1.3 What if someone does not have warning signs? (PB)</p> <p>1.4 Relaxation activity</p> <p>Topic 2: Risk-taking and emergencies</p> <p>2.1 Risk-taking (PB/H)</p> <p>2.2 Exploring emergencies</p> <p>2.3 Planning for a serious emergency</p> <p>Topic 3: Psychological pressure and manipulation</p> <p>3.1 Defining psychological pressure and manipulation</p> <p>3.2 A-Z psychological pressure and manipulation</p> <p>3.3 Product placement</p>	<p>Topic 1: Rights and Responsibilities</p> <p>1.1 What rights do children and young people have? (PB)</p> <p>1.2 Rights and responsibilities in close relationships (PB)</p> <p>Topic 2: Identity and Relationships</p> <p>2.1 Exploring relationships (PB/H)</p> <p>2.2 Healthy and unhealthy relationships (PB)</p> <p>2.3 Construction of gender</p> <p>Topic 3: Power in relationships</p> <p>3.1 Types and use of power (PB)</p> <p>3.2 Positive use and abuse of power (PB)</p> <p>3.3 Power in relationships (PB/H)</p> <p>3.4 Guilt</p> <p>3.5 Power and gender</p> <p>3.6 Characteristics of bullying (PB/H)</p> <p>3.7 Bullies and people who are bullied (PB/H)</p> <p>3.8 Bystanders (PB/H)</p> <p>3.9 School policy on bullying</p> <p>Topic 4: Trust and networks (PB/H)</p> <p>4.1 Trust</p> <p>4.2 Trusted networks</p>	<p>Topic 1: Privacy and the body</p> <p>1.1 Defining public and private (PB/H)</p> <p>1.2 Privacy</p> <p>1.3 Parts of the body</p> <p>Topic 2: Recognizing abuse</p> <p>2.1 Revisit group norms (PB)</p> <p>2.2 Defining abuse (PB)</p> <p>2.3 Recognising abuse (PB)</p> <p>2.4 Using warning signs to recognise abuse (PB)</p> <p>2.5 Neglect and physical and emotional abuse (PB)</p> <p>2.6 Why is it difficult to talk about sexual abuse? (PB)</p> <p>2.7 Sexual abuse (PB)</p> <p>2.8 Dating violence</p> <p>Topic 3: Cyber Safety</p> <p>3.1 Being aware on the internet</p> <p>3.2 Online abuse</p> <p>3.3 Abuse using mobile phones</p> <p>3.4 Sexting</p> <p>3.5 Developing a cyber-safety fact sheet</p> <p>3.6 Cyber safety and the law</p> <p>Topic 4: Domestic and family violence</p> <p>4.1 What is domestic and family violence?</p> <p>4.2 Effects of domestic and family violence on children</p> <p>4.3 Myths about domestic and family violence</p> <p>4.4 Bystanders intervention</p>	<p>Topic 1: Strategies for keeping safe</p> <p>1.1 Trust, talk, take control (PB/H)</p> <p>1.2 Problem-solving card activity</p> <p>1.3 Assertiveness (PB)</p> <p>1.4 Strategies for talking about difficult topics</p> <p>1.5 Strategies when a friend discloses</p> <p>1.6 Exploring resilience</p> <p>1.7 Language of resilience</p> <p>Topic 2: Network review and community support</p> <p>2.1 Network review challenge</p> <p>2.2 Network support card</p> <p>2.3 Community support networks</p> <p>2.4 Persistence</p>

PB – Protective Behaviour Lesson
H – Health Lesson