

MBC PROTECTIVE BEHAVIOURS CURRICULUM: YEARS 3-5

	Focus Area: The right to be safe	Relationships	Recognising and reporting abuse	Protective strategies
YEAR 3	<p>Topic 1: Being safe</p> <p>1.1 Definition of safety (PB)</p> <p>1.2 Adults caring for children (PB)</p> <p>1.3 Imagining a safe place (PB)</p> <p>Topic 2: Warning signs</p> <p>2.1 Warning signs: physical indicators (PB)</p> <p>2.2 Warning signs: chart</p> <p>2.3 Exploring different types of feelings (PB)</p> <p>2.4 Feeling unsafe (PB)</p> <p>Topic 3: Risk-taking and emergencies</p> <p>3.1 Ideas about being safe (PB)</p> <p>3.2 A timeline of independence</p> <p>3.3 Identifying risks (PB)</p> <p>3.4 What is an emergency? (PB)</p> <p>3.5 Personal emergency</p>	<p>Topic 1: Rights and Responsibilities</p> <p>1.1 Rights and responsibilities (HASS)</p> <p>1.2 United Nations Convention on the Rights of the Child (HASS)</p> <p>Topic 2: Identity and Relationships</p> <p>2.1 Identity web</p> <p>2.2 Gender stereotypes (E)</p> <p>2.3 Unsafe behavior (E)</p> <p>2.4 Relationship circle (E)</p> <p>Topic 3: Power in relationships</p> <p>3.1 Exploring a definition of power</p> <p>3.2 Power scenarios</p> <p>3.3 Tricks and bribes</p> <p>3.4 Pressure</p> <p>3.5 Bullying as an abuse of power</p> <p>Topic 4: Trust and networks</p> <p>4.1 Trust walk</p> <p>4.2 Developing a trusted network (PB)</p> <p>4.3 Network letters</p>	<p>Topic 1: Privacy and the body</p> <p>1.1 Parts of the body (PB)</p> <p>1.2 Exploring the meaning of private (PB)</p> <p>1.3 Our bodies are private (PB)</p> <p>1.4 Touching (PB)</p> <p>Topic 2: Recognizing abuse</p> <p>2.1 Exploring abuse (PB)</p> <p>2.2 Definition of abuse (PB)</p> <p>2.3 Physical abuse (PB)</p> <p>2.4 Emotional abuse</p> <p>2.5 Neglect</p> <p>2.6 Basic needs (PB)</p> <p>2.7 Sexual abuse</p> <p>2.8 Domestic and family violence</p> <p>2.9 Recognising safe and unsafe secrets (PB)</p> <p>Topic 3: Cyber Safety</p> <p>3.1 Media classifications (ICT)</p> <p>3.2 Video, media and computer games (ICT)</p> <p>3.3 Television programs (ICT)</p> <p>3.4 Internet (ICT)</p> <p>3.5 Photographs and digital images (ICT)</p> <p>3.6 Magazines (ICT)</p>	<p>Topic 1: Strategies for keeping safe</p> <p>1.1 Helpful and unhelpful thinking</p> <p>1.2 Assertive responses</p> <p>1.3 Observational skills</p> <p>1.4 'What if.....?' problem-solving</p> <p>1.5 POOCH problem-solving</p> <p>1.6 Practising problem-solving</p> <p>1.7 Scenarios dealing with abuse issues (PB)</p> <p>Topic 2: Network review and community support</p> <p>2.1 Networks</p> <p>2.2 Local support networks</p> <p>2.3 Persistence (PB)</p>

PB – Protective Behaviour Lesson

E – English Lesson

ICT – Information & Communications Technology Lesson

HASS – Humanities & Social Sciences Lesson

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YEAR 4	<p>Topic 1: Being safe</p> <p>1.1 Definition of safety</p> <p>1.2 Adults caring for children (PB)</p> <p>1.3 Imagining a safe place</p>	<p>Topic 1: Rights and Responsibilities</p> <p>1.1 Rights and responsibilities</p> <p>1.2 United Nations Convention on the Rights of the Child</p>	<p>Topic 1: Privacy and the body</p> <p>1.1 Parts of the body</p> <p>1.2 Exploring the meaning of private</p> <p>1.3 Our bodies are private</p> <p>1.4 Touching</p>	<p>Topic 1: Strategies for keeping safe</p> <p>1.1 Helpful and unhelpful thinking</p> <p>1.2 Assertive responses (PB)</p> <p>1.3 Observational skills</p> <p>1.4 'What if.....?' problem-solving</p> <p>1.5 POOCH problem-solving</p> <p>1.6 Practising problem-solving</p> <p>1.7 Scenarios dealing with abuse issues</p>
	<p>Topic 2: Warning signs</p> <p>2.1 Warning signs: physical indicators</p> <p>2.2 Warning signs: chart (PB)</p> <p>2.3 Exploring different types of feelings</p> <p>2.4 Feeling unsafe</p>	<p>Topic 2: Identity and Relationships</p> <p>2.1 Identity web</p> <p>2.2 Gender stereotypes</p> <p>2.3 Unsafe behaviour</p> <p>2.4 Relationship circle</p>	<p>Topic 2: Recognizing abuse</p> <p>2.1 Exploring abuse</p> <p>2.2 Definition of abuse</p> <p>2.3 Physical abuse</p> <p>2.4 Emotional abuse</p> <p>2.5 Neglect</p> <p>2.6 Basic needs</p> <p>2.7 Sexual abuse</p> <p>2.8 Domestic and family violence</p> <p>2.9 Recognising safe and unsafe secrets</p>	<p>Topic 2: Network review and community support</p> <p>2.1 Networks</p> <p>2.2 Local support networks</p> <p>2.3 Persistence</p>
	<p>Topic 3: Risk-taking and emergencies</p> <p>3.1 Ideas about being safe</p> <p>3.2 A timeline of independence</p> <p>3.3 Identifying risks (PB)</p> <p>3.4 What is an emergency?</p> <p>3.5 Personal emergency</p>	<p>Topic 3: Power in relationships</p> <p>3.1 Exploring a definition of power (PB)</p> <p>3.2 Power scenarios (PB)</p> <p>3.3 Tricks and bribes (PB)</p> <p>3.4 Pressure (PB)</p> <p>3.5 Bullying as an abuse of power</p>	<p>Topic 3: Cyber Safety</p> <p>3.1 Media classifications (H)</p> <p>3.2 Video, media and computer games (H)</p> <p>3.3 Television programs (H)</p> <p>3.4 Internet (H)</p> <p>3.5 Photographs and digital images (H)</p> <p>3.6 Magazines (H)</p>	
			<p>Topic 4: Trust and networks</p> <p>4.1 Trust walk</p> <p>4.2 Developing a trusted network (H)</p> <p>4.3 Network letters</p>	

PB – Protective Behaviour Lesson
H – Health Lesson

	Focus Area: The right to be safe	Relationships	Recognising and reporting abuse	Protective strategies
YEAR 5	<p>Topic 1: Being safe</p> <ul style="list-style-type: none"> 1.1 Definition of safety 1.2 Adults caring for children 1.3 Imagining a safe place <p>Topic 2: Warning signs</p> <ul style="list-style-type: none"> 2.1 Warning signs: physical indicators 2.2 Warning signs: chart 2.3 Exploring different types of feelings 2.4 Feeling unsafe <p>Topic 3: Risk-taking and emergencies</p> <ul style="list-style-type: none"> 3.1 Ideas about being safe 3.2 A timeline of independence (PB) 3.3 Identifying risks (HS) 3.4 What is an emergency? (HS) 3.5 Personal emergency (PB) 	<p>Topic 1: Rights and Responsibilities</p> <ul style="list-style-type: none"> 1.1 Rights and responsibilities (H) 1.2 United Nations Convention on the Rights of the Child <p>Topic 2: Identity and Relationships</p> <ul style="list-style-type: none"> 2.1 Identity web 2.2 Gender stereotypes 2.3 Unsafe behaviour 2.4 Relationship circle (PB) <p>Topic 3: Power in relationships</p> <ul style="list-style-type: none"> 3.1 Exploring a definition of power (PB) 3.2 Power scenarios 3.3 Tricks and bribes 3.4 Pressure 3.5 Bullying as an abuse of power (PB) <p>Topic 4: Trust and networks</p> <ul style="list-style-type: none"> 4.1 Trust walk 4.2 Developing a trusted network (PB) 4.3 Network letters (PB) 	<p>Topic 1: Privacy and the body</p> <ul style="list-style-type: none"> 1.1 Parts of the body (H) 1.2 Exploring the meaning of private (H) 1.3 Our bodies are private (H) 1.4 Touching (H) <p>Topic 2: Recognizing abuse</p> <ul style="list-style-type: none"> 2.1 Exploring abuse 2.2 Definition of abuse 2.3 Physical abuse 2.4 Emotional abuse (PB) 2.5 Neglect (PB) 2.6 Basic needs 2.7 Sexual abuse (PB) 2.8 Domestic and family violence (PB) 2.9 Recognising safe and unsafe secrets (PB) <p>Topic 3: Cyber Safety (ICT)</p> <ul style="list-style-type: none"> 3.1 Media classifications 3.2 Video, media and computer games 3.3 Television programs 3.4 Internet 3.5 Photographs and digital images 3.6 Magazines 	<p>Topic 1: Strategies for keeping safe</p> <ul style="list-style-type: none"> 1.1 Helpful and unhelpful thinking 1.2 Assertive responses 1.3 Observational skills 1.4 'What if.....?' problem-solving 1.5 POOCH problem-solving 1.6 Practising problem-solving 1.7 Scenarios dealing with abuse issues <p>Topic 2: Network review and community support</p> <ul style="list-style-type: none"> 2.1 Networks (PB) 2.2 Local support networks (H) 2.3 Persistence (H)

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