

# MBC PROTECTIVE BEHAVIOURS CURRICULUM: EARLY YEARS

	Focus Area: The right to be safe	Relationships	Recognising and reporting abuse	Protective strategies
<b>PRE- PRIMARY</b>	<p>Topic 1: Feelings</p> <p>1.1 Characters' feelings (PB)</p> <p>1.2 Different feelings (PB)</p> <p>1.3 Strategies to identify feelings</p> <p>1.4 Miming feelings</p> <p>Topic 2: Being safe</p> <p>2.1 How do we make it safe? (PB)</p> <p>2.2 Stories about being safe (PB)</p> <p>2.3 Identifying a safe place</p> <p>Topic 3: Warning signs</p> <p>3.1 Introducing warning signs (PB)</p> <p>3.2 Signs</p> <p>3.3 Warning signs</p> <p>Topic 4: Risk-taking and emergencies</p> <p>4.1 Defining unsafe and risk-taking</p> <p>4.2 Unsafe situations and risk-taking</p> <p>4.3 Looking for clues about risks</p> <p>4.4 Defining an emergency</p> <p>4.5 Personal emergency</p> <p>4.6 Thinking and feeling in an emergency</p>	<p>Topic 1: Rights and Responsibilities</p> <p>1.1 Needs and wants (PB)</p> <p>1.2 Children's rights</p> <p>1.3 Behaviour code and children's rights</p> <p>Topic 2: Identity and Relationships</p> <p>2.1 Exploring identity (PB/CE)</p> <p>2.2 Exploring relationships (PB)</p> <p>2.3 Relationships circle (PB)</p> <p>Topic 3: Power in relationships</p> <p>3.1 Demonstrate the language of safety</p> <p>3.2 Understanding bullying (PB – Term 4)</p> <p>3.3 Dealing with bullying behavior (PB – Term 4)</p> <p>3.4 Fair and unfair</p> <p>3.5 Introducing the concept of power</p> <p>3.6 Adults using power</p> <p>Topic 4: Trust and networks</p> <p>4.1 Exploring the meaning of trust (PB/D)</p> <p>4.2 Developing a trusted network (PB/D)</p> <p>4.3 Will you be on my network please? (D)</p> <p>4.4 P:eople I don't know who might help (PB)</p>	<p>Topic 1: Privacy and the body</p> <p>1.1 Body awareness (S)</p> <p>1.2 Personal space</p> <p>1.3 Parts of the body (PB/S)</p> <p>1.4 Meaning of private</p> <p>1.5 Our whole body is private (PB)</p> <p>1.6 Touching that is 'OK' (PB)</p> <p>1.7 'OK' touching in relationships</p> <p>Topic 2: Recognizing abuse</p> <p>2.1 Accidental or deliberate injury</p> <p>2.2 Identifying physical abuse</p> <p>2.3 Identifying emotional abuse</p> <p>2.4 Identifying sexual abuse</p> <p>2.5 Identifying neglect</p> <p>2.6 Identifying domestic and family violence</p> <p>2.7 Online safety(ICT)</p> <p>Topic 3: Secrets</p> <p>3.1 Defining secrets (PB)</p> <p>3.2 Recognising unsafe secrets</p> <p>3.3 Tricks and trust</p>	<p>Topic 1: Strategies for keeping safe</p> <p>1.1 Memory activities (PB)</p> <p>1.2 Remembering name, address, telephone numbers</p> <p>1.3 Revisiting trusted networks (PB)</p> <p>1.4 'What if.....?' problem-solving</p> <p>1.5 'What if.....?' scenarios</p> <p>1.6 Practising being assertive</p> <p>1.7 Role-playing assertive communication</p> <p>1.8 Saying 'no' (PB)</p> <p>1.9 Choosing strategies to keep safe</p> <p>1.10 Resilience (CE)</p> <p>Topic 2: Persistence</p> <p>2.1 Theme reinforcement</p> <p>2.2 Introduction to persistence (CE)</p> <p>2.3 Persistence (CE)</p> <p>2.4 Practising persistence (CE)</p>

PB – Protective Behaviour Lesson

D - Devotion

CE – Christian Education Lesson

S – Science Lesson

ICT – Information & Communications Technology Lesson

	Focus Area: The right to be safe	Relationships	Recognising and reporting abuse	Protective strategies
YEAR 1	<p>Topic 1: Feelings</p> <ul style="list-style-type: none"> <li>1.1 Characters' feelings (E)</li> <li>1.2 Different feelings (H)</li> <li>1.3 Strategies to identify feelings (PB)</li> <li>1.4 Miming feelings</li> </ul> <p>Topic 2: Being safe</p> <ul style="list-style-type: none"> <li>2.1 How do we make it safe? (H)</li> <li>2.2 Stories about being safe (PB)</li> <li>2.3 Identifying a safe place (PB)</li> </ul> <p>Topic 3: Warning signs</p> <ul style="list-style-type: none"> <li>3.1 Introducing warning signs (PB)</li> <li>3.2 Signs (PB)</li> <li>3.3 Warning signs (PB)</li> </ul> <p>Topic 4: Risk-taking and emergencies</p> <ul style="list-style-type: none"> <li>4.1 Defining unsafe and risk-taking (PB)</li> <li>4.2 Unsafe situations and risk-taking (PB)</li> <li>4.3 Looking for clues about risks (H)</li> <li>4.4 Defining an emergency (PB)</li> <li>4.5 Personal emergency (H)</li> <li>4.6 Thinking and feeling in an emergency (H)</li> </ul>	<p>Topic 1: Rights and Responsibilities</p> <ul style="list-style-type: none"> <li>1.1 Needs and wants</li> <li>1.2 Children's rights (PB)</li> <li>1.3 Behaviour code and children's rights (PB)</li> </ul> <p>Topic 2: Identity and Relationships</p> <ul style="list-style-type: none"> <li>2.1 Exploring identity</li> <li>2.2 Exploring relationships</li> <li>2.3 Relationships circle (PB)</li> </ul> <p>Topic 3: Power in relationships</p> <ul style="list-style-type: none"> <li>3.1 Demonstrate the language of safety (PB)</li> <li>3.2 Understanding bullying (PB)</li> <li>3.3 Dealing with bullying behavior (H)</li> <li>3.4 Fair and unfair (PB)</li> <li>3.5 Introducing the concept of power</li> <li>3.6 Adults using power</li> </ul> <p>Topic 4: Trust and networks</p> <ul style="list-style-type: none"> <li>4.1 Exploring the meaning of trust (PB)</li> <li>4.2 Developing a trusted network (PB)</li> <li>4.3 Will you be on my network please? (PB)</li> <li>4.4 People I don't know who might help (PB)</li> </ul>	<p>Topic 1: Privacy and the body</p> <ul style="list-style-type: none"> <li>1.1 Body awareness (H)</li> <li>1.2 Personal space</li> <li>1.3 Parts of the body (H)</li> <li>1.4 Meaning of private</li> <li>1.5 Our whole body is private</li> <li>1.6 Touching that is 'OK'</li> <li>1.7 'OK' touching in relationships</li> </ul> <p>Topic 2: Recognizing abuse</p> <ul style="list-style-type: none"> <li>2.1 Accidental or deliberate injury (PB)</li> <li>2.2 Identifying physical abuse (PB)</li> <li>2.3 Identifying emotional abuse</li> <li>2.4 Identifying sexual abuse</li> <li>2.5 Identifying neglect</li> <li>2.6 Identifying domestic and family violence</li> <li>2.7 Online safety</li> </ul> <p>Topic 3: Secrets</p> <ul style="list-style-type: none"> <li>3.1 Defining secrets</li> <li>3.2 Recognising unsafe secrets (PB)</li> <li>3.3 Tricks and trust</li> </ul>	<p>Topic 1: Strategies for keeping safe</p> <ul style="list-style-type: none"> <li>1.1 Memory activities (PB)</li> <li>1.2 Remembering name, address, telephone numbers (PB)</li> <li>1.3 Revisiting trusted networks (PB)</li> <li>1.4 'What if.....?' problem-solving (PB)</li> <li>1.5 'What if.....?' scenarios (PB)</li> <li>1.6 Practising being assertive (PB)</li> <li>1.7 Role-playing assertive communication (PB)</li> <li>1.8 Saying 'no' (PB)</li> <li>1.9 Choosing strategies to keep safe (PB)</li> <li>1.10 Resilience (PB)</li> </ul> <p>Topic 2: Persistence</p> <ul style="list-style-type: none"> <li>2.1 Theme reinforcement</li> <li>2.2 Introduction to persistence (PB)</li> <li>2.3 Persistence</li> <li>2.4 Practising persistence (PB)</li> </ul>

PB – Protective Behaviour Lesson  
H – Health Lesson  
E – English Lesson

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YEAR 2	<p>Topic 1: Feelings</p> <ul style="list-style-type: none"> <li>1.1 Characters' feelings (CE)</li> <li>1.2 Different feelings (H)</li> <li>1.3 Strategies to identify feelings (H)</li> <li>1.4 Miming feelings (PB/H)</li> </ul> <p>Topic 2: Being safe</p> <ul style="list-style-type: none"> <li>2.1 How do we make it safe? (H)</li> <li>2.2 Stories about being safe (H)</li> <li>2.3 Identifying a safe place (PB/H)</li> </ul> <p>Topic 3: Warning signs</p> <ul style="list-style-type: none"> <li>3.1 Introducing warning signs (H)</li> <li>3.2 Signs (H)</li> <li>3.3 Warning signs (PB/H)</li> </ul> <p>Topic 4: Risk-taking and emergencies</p> <ul style="list-style-type: none"> <li>4.1 Defining unsafe and risk-taking (H)</li> <li>4.2 Unsafe situations and risk-taking (H)</li> <li>4.3 Looking for clues about risks (Hum)</li> <li>4.4 Defining an emergency</li> <li>4.5 Personal emergency</li> <li>4.6 Thinking and feeling in an emergency</li> </ul>	<p>Topic 1: Rights and Responsibilities</p> <ul style="list-style-type: none"> <li>1.1 Needs and wants (H/Hum)</li> <li>1.2 Children's rights</li> <li>1.3 Behaviour code and children's rights</li> </ul> <p>Topic 2: Identity and Relationships</p> <ul style="list-style-type: none"> <li>2.1 Exploring identity</li> <li>2.2 Exploring relationships (PB)</li> <li>2.3 Relationships circle (PB)</li> </ul> <p>Topic 3: Power in relationships</p> <ul style="list-style-type: none"> <li>3.1 Demonstrate the language of safety</li> <li>3.2 Understanding bullying (H)</li> <li>3.3 Dealing with bullying behavior (H)</li> <li>3.4 Fair and unfair (H)</li> <li>3.5 Introducing the concept of power</li> <li>3.6 Adults using power</li> </ul> <p>Topic 4: Trust and networks</p> <ul style="list-style-type: none"> <li>4.1 Exploring the meaning of trust (PB)</li> <li>4.2 Developing a trusted network (PB)</li> <li>4.3 Will you be on my network please? (PB)</li> <li>4.4 People I don't know who might help (PB)</li> </ul>	<p>Topic 1: Privacy and the body</p> <ul style="list-style-type: none"> <li>1.1 Body awareness (PB/H)</li> <li>1.2 Personal space (PB/H)</li> <li>1.3 Parts of the body (PB/H)</li> <li>1.4 Meaning of private (PB/H)</li> <li>1.5 Our whole body is private (PB/H)</li> <li>1.6 Touching that is 'OK' (PB/H)</li> <li>1.7 'OK' touching in relationships (PB/H)</li> </ul> <p>Topic 2: Recognizing abuse</p> <ul style="list-style-type: none"> <li>2.1 Accidental or deliberate injury</li> <li>2.2 Identifying physical abuse</li> <li>2.3 Identifying emotional abuse</li> <li>2.4 Identifying sexual abuse</li> <li>2.5 Identifying neglect</li> <li>2.6 Identifying domestic and family violence</li> <li>2.7 Online safety (H/ICT)</li> </ul> <p>Topic 3: Secrets</p> <ul style="list-style-type: none"> <li>3.1 Defining secrets</li> <li>3.2 Recognising unsafe secrets</li> <li>3.3 Tricks and trust (PB)</li> </ul>	<p>Topic 1: Strategies for keeping safe</p> <ul style="list-style-type: none"> <li>1.1 Memory activities</li> <li>1.2 Remembering name, address, telephone numbers (PB)</li> <li>1.3 Revisiting trusted networks (H)</li> <li>1.4 'What if.....?' problem-solving (H)</li> <li>1.5 'What if.....?' scenarios (H)</li> <li>1.6 Practising being assertive (H)</li> <li>1.7 Role-playing assertive communication (PB)</li> <li>1.8 Saying 'no' (PB)</li> <li>1.9 Choosing strategies to keep safe</li> <li>1.10 Resilience</li> </ul> <p>Topic 2: Persistence</p> <ul style="list-style-type: none"> <li>2.1 Theme reinforcement (PB/H)</li> <li>2.2 Introduction to persistence</li> <li>2.3 Persistence (PB)</li> <li>2.4 Practising persistence (H)</li> </ul>

PB – Protective Behaviour Lesson

CE – Christian Education Lesson

H – Health Lesson

Hum – Humanities Lesson

ICT – Information & Communications Technology Lesson